

Kitchen Helper

Let's Sushi

Job ID
50850

VIEW THIS JOB ONLINE: <https://mail.newcomersjobs.com/jobs/50850>

LOCATION	DATE POSTED	EXPIRY DATE	
4436 Rochdale Blvd, Regina, SK Saskatchewan	22-07-2026	18-01-2027	
TYPE OF JOB	SALARY	MIN. EXPERIENCE	MIN. EDUCATION
Full Time	CAD 15.70-16.50 per hour	1 to less than 7 months	No degree, certificate or diploma

Job Details

We, Let's Sushi, are looking for full-time Kitchen Helpers who can join our professional team!

Job title: Kitchen Helper (NOC 65201)

Vacancies: 2

Terms of employment: Permanent & Full time Position

Wage: \$15.70 – 16.50 per hour for 30-40 hours/week

Location: 4436 Rochdale Blvd Regina, SK S4X 4N9

Expected Start Date: ASAP

Key Duties and Responsibilities:

- Wash, peel and chop fruits and vegetables
- Prepare the food ingredients as requested
- Wash the dishes and utensils
- Load and unload the dishwasher
- Ensure all the vegetables and meats are fresh
- Help in unloading and check the food deliveries
- Clean the kitchen station all the time
- Sweep and mop the kitchen floor

Position Requirements and Qualifications

- 1-7 months of experience in food service industry
- Team player – positive, reliable and motivated

Work conditions and physical capabilities

- Fast paced environment, Attention to details, Work under pressure
- Handling heavy loads; Physically demanding

How to Apply

If you are interested in the position and would like to join and grow with us, please send your cover letter and resume to yuyuan1184@gmail.com

Downloaded from newcomersjobs.com on 01-11-2026